



# Knighly News

Fr. Ben Powers Council #1315  
Knights of Columbus

Bowling Green, KY  
(270) 782-6488

<b>Chaplain</b> Fr. Jerry Riney 842-7777	<b>Chancellor</b> Chuck Lawless 781-8955	<b>Treasurer</b> Bob Zeller 781-4918	<b>Warden</b> Bill Siebold 796-2607	<b>Three-Year Trustee</b> John Knepler 842-8431	<b>Newsletter Editor</b> Scott Lewis 846-3020
<b>Grand Knight</b> Bernie Schwitzgebel 781-9652	<b>Program Director</b> Tim Risher 746-0798	<b>Recorder</b> Don Mott 796-8523	<b>Inside Guard</b> Allen Freeland 781-9885	<b>Two-Year Trustee</b> Bob Graham 782-5820	<b>Lecturer</b> Don McCormick 781-4185
<b>Deputy Grand Knight</b> Tim Risher 746-0798	<b>Financial Secretary</b> Jim Signorello 782-8462	<b>Advocate</b> Dan Connor 783-0887	<b>Outside Guard</b> David Finch 782-8714	<b>One-Year Trustee</b> Lowell Hatfield 782-0063	<b>Bingo Co-Chairman</b> Allen Freeland

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**Bernie Schwitzgebel**

## MESSAGE FROM OUR GRAND KNIGHT

April has been a busy and exciting month in our Council. One of the highlights of the month was the First, Second, and Third Degrees that we hosted on April 3. It was a very productive degree-day, which brought us 5 new members who made their First, Second and Third Degrees on that day. Additionally, we had 13 other members advance their First Degree memberships to the Second and Third Degrees. The Second and Third degree classes were one of the largest we have ever hosted here with the group numbering approximately 38 men. I want to thank Mike Hepp, Matthew Keyser and those who helped them make all the phone calls to our First Degree members and to invite them to the Degree date. The results were outstanding. I also extend my personal thanks to Chuck Lawless and John Becker and their helpers for cooking a great breakfast and late lunch for the group.

Please note that we are having a chicken dinner on Friday, April 29 to benefit the charitable works of our Council. Chuck Glaser and Dale Jakel are chairing this event, which is open to the public. Please tell your friends and family to come and eat all the chicken they care to eat for one low price. See details elsewhere in this newsletter.

Bernie Schwitzgebel, GK

## APRIL FAMILY OF THE MONTH

### TOM AND FRAN SMOLEN

Congratulations to Tom and Fran Smolen on their selection as Family Of The Month for April 2005.

Tom and Fran lived in Highland, IN prior to moving to Bowling Green in 1999. Tom worked for DuPont for over 30 years but after he retired, he went back to college to get his teaching degree and now he stays busy full time teaching high school students as a substitute teacher.

Tom and Fran participate in many Council activities such as Adopt-A-Highway, Blood Drives, Chicken Dinners, Corporate Communion, Fun Nights for the Mentally Disadvantaged, Lenten Fish Frys, Spaghetti Dinners, Tootsie Roll Drives, Christmas Party, and Family Picnics. Fran has also worked at the St. Vincent DePaul store and Tom was on the Council Charity Committee for 4 years.

Tom is a Sir Knight in the Father Alexander Korte Assembly. He and Fran attend the monthly meetings.

At Holy Spirit Church, Tom has taught at the RCIA and Koinonia Ministries for 3 years, has been an Usher, and he and Fran have hosted the Coffee and Donuts after Sunday Masses. Fran assists the Breath of the Spirit Newsletter Team by writing articles about parishioners such as Sara and Walter Pudlo and our new Parish Administrator Aimee Luis.

Tom and Fran have 5 children. Tim - 41, Megan - 40, Joe - 38, Matt - 36, and Marcie - 35. They are expecting their 10th grandchild.

## MAY BIRTHDAYS

06	Joseph Goetz
07	Zohn Centimole
07	Lowell Hatfield
10	Tom Smolen
14	Seth Spears
16	Dennis Hinkle
18	Steve Thornton
19	George Calta Jr.
21	Derek Helm
22	Leonard Kogut
23	Chris Deglow
23	James Weis
24	Robert Graham
25	Billy Metzger
26	Mark Pitcock
26	David Schmidt
27	Rev. Gregory Arflack
27	Raymond Spears
27	Matthew Thacker
28	Charles Peters III
28	Timothy Vogel
30	John Haynes
31	Francis Gerbic
31	William Liscomb

## MAY ANNIVERSARIES

01	Robert & Peggy Jameson
01	Donald & Mary Kay Korte
01	Jim & Yvonne Mullen
02	Francis & Paddy Gerbic
03	Jack & Donna Matukas
04	William Jr. & Carolyn Siebold
05	Tom & Mary Gaietto
08	John & Diane Beeckler
08	Richard & Joyce Wanta
09	Larry & Crystal Halida
10	John & Jenny Napier
10	Raymond & Jeanie Spears
11	Gerald & Delores Frey
12	Richard & Cynthia Gensler
12	William & Cynthia Helfrich
13	Steve & Linda Keene
16	William & Penny Payne
18	Terry & Pam Hatler
18	Anthony & Pauline Romano
19	Todd & Debbie Conway
19	Tom & Fran Smolen
20	Michael & Amy Buser
20	Chuck & Deirdre Lawless
22	Ben & Melanie Benhart
24	Robert & Joan Panchyshyn
25	Dennis & Betty Chen
28	Jeffrey & Julie Altfillisch
28	Steve & Mary Kovar
28	Michael D. & Shelley Mattingly
28	Nick & Wendy Noble
28	James & Beth Ann Schaeffer
29	John & Krista Yeric
30	Hank & Loraine Bormann
30	J. Glenn & Edith Lohr
30	Wilbert & Marelle Normand

## IMPORTANT DATES

### MAY

03	Officers Meeting
10	Council Meeting
13	Recognition Dinner for Catechists
19	Fourth Degree
20	State Convention
21	State Convention
22	State Convention
24	Columbus Club
26	Charity Committee
28/29	Corporate Communion

### JUNE

07	Officers Meeting
14	Council Meeting & Elections
16	Fourth Degree
23	Charity Committee
24	Charity Awards Banquet
28	Columbus Club

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## CORPORATE COMMUNION

Date	May 29
Time	8:00 a.m. Mass
Location	St. Joseph Church

Breakfast will be served after Mass at the Saint Joseph Parish Hall.

Mass intentions are for the deceased members of the KC.

Contact Steve Keene for information.



## The 102nd Knights of Columbus Kentucky State Convention

The 102nd Knights of Columbus Kentucky State Convention will take place on May 20, 21, and 22 in Paducah, Kentucky. All Knights of Columbus members are invited to attend with their families.

Please refer to the following web site for complete information, registration forms, etc.

<http://kykofc.com/Convention/welcome.htm>

## CONGRATULATIONS NEW MEMBERS

Congratulations to the following men who earned their First Degree on Sunday, April 3.

Dale Goins	Paul Schnoes
Dr. John Korba	John Sims
Robert Williams	

We welcome them as Knights and as members of our Council. Each of these men also made their Second and Third Degrees on the same date.

In addition to these five new members we also congratulate the following members who advanced from the First Degree to the Second and Third Degrees:

Mark Absher	Scott Lewis
Jack Case	John Matukas
Dennis Chen	Dennis Meffert
John Goessling	John Peel
Timothy Hammond	David Schmidt
John Haynes	John Yeric
Joseph Zirkelbach	



## Kentucky Adopt-A-Highway

Our last Adopt-A-Highway event was held on April 6. We collected 13 bags of trash in our area.

Thank you to all who helped:

Jim Bailey • Larry Borchert • David Finch  
Richard Gensler • Don Meyer.

Our next Adopt-A-Highway will be Wednesday, July 13.

The event will again be co-chaired by Ed Hurt and Tom Gaietto.

### KNIGHTS OF COLUMBUS NAMETAG

## \$ 5.50 Each

Payment for nametags is due at the May meeting.

Contact Tom Gaietto if you wish to purchase one.

## The Power of Eucharistic Adoration by Anita Crane



Mother Teresa of Calcutta said, "If people spent an hour a week in Eucharistic adoration, abortion would be ended."

In 1996, the Holy Father said that by Eucharistic adoration, "the Christian mysteriously contributes to the radical transformation of the world." Indeed, popes, great saints and doctors of the Church created masterpieces in the Real Presence. In humbling themselves before the Lord of Lords, they were conformed to Him. In offering their services to the King of Kings, they reformed the Church and made world history. How quickly would we vanquish the evils of our time if only we took our faith more seriously?!

In her 1996 letter to the people of St. Alexander Parish in Villa Park, Illinois, Mother Teresa wrote:

"Each one of us is a co-worker of Christ —we must labour hard to carry Him to the hearts where He has not yet been known and loved. Bin, unless we have Jesus, we cannot give Him; that is why we need the Eucharist. Spend as much time as possible in front of the Blessed Sacrament and He will fill you with His strength and His power. Tell Him, 'Come to our hearts Lord and stay with us. Then you will become the instruments of His love, peace and joy.'"

### Gift of indulgence

On Christmas, the Holy Father granted a plenary indulgence for adoration during this Year of the Eucharist. Under the usual conditions, it is granted to the faithful each time they participate attentively and piously in a sacred function or a devotional exercise honoring the Most Blessed Sacrament. A plenary indulgence remits all temporal punishment due to prior personal sin. As always, the Church extends God's mercy to every one. Persons who, because of illness or other just causes, cannot worship the Holy Eucharist at a church or chapel, will obtain the indulgence "if they make the visit in spirit, should they deeply desire to do so, and with faith in the Real Presence of Jesus Christ in the Sacrament of the Altar, pray the *Our Father* and the *Credo*, adding a pious invocation to Jesus in the Sacrament. (See all conditions and the complete *Decree of the Apostolic Penitentiary of an Indulgence during the "Year of the Eucharist"* at [www.vatican.va](http://www.vatican.va).)

Defeat the evil of abortion through Eucharistic adoration and enjoy the benefits of grace. As Jesus said, "Truly I say to you, if you have faith the size of a mustard seed, you will say to this mountain, 'Move from here to there, and it will move; and nothing will be impossible to you' (Mt. 17:20).

# SPECIAL JUNE MEETING

June 14 will be a very busy meeting night for our Council with multiple activities occurring within a short period of time. Since June 14 is Flag Day, the Fr. Alexander Korte Fourth Degree Assembly will be conducting a Flag Day ceremony at 5:30 p.m. at the front of the hall.

We hope that many of our Council members will attend the ceremony. Those who arrive for our Council meeting and choose not to attend are asked to ***please enter the hall at the side door entrance (pavilion side)***, so they do not disrupt the Flag Day activity. The Fourth Degree will host a small reception in the pavilion for members of the public who attend the ceremony.

This is also the date for our June Council meeting and it will be a ladies night. We will begin serving dinner at 6:00 p.m. and dinner will be followed by an awards ceremony. Following the completion of the awards ceremony our ladies will adjourn to the small meeting room for ladies activities while our Council conducts our business meeting. The most important Council business will be election of new officers and approval of a new budget.

## Nondenominational Prayer Service At Nashville Abortion Clinic

412 D.B. Todd Avenue  
Saturday, May 7, 2005  
10:00 a.m.

All are invited to Mass at 8:00 a.m. at Fathers of Mercy in South Union then caravan to killing center. Directions are as follows if not part of caravan:

- Take 1-65 South through downtown Nashville, taking the W-40/65 South highway split.
- Then take exit 208, which is Charlotte Avenue.
- Make a right turn and go about 6 blocks to D. B. Todd Avenue
- Make right on D.B. Todd.
- Planned Parenthood of Middle and Eastern Tennessee is second building on the right.

We will share Scripture, pray, and sing. This is not a protest demonstration but a chance to pray at Calvary where innocent blood is shed. Please join us!

## BINGO DILEMMA

If you are a regular bingo worker you already know how important it is that we have a sufficient number of workers to service our customers. If you are not a bingo worker then I must tell you it is our bingo program that pays the bills in our Council.

Our regular bingo workers are a dedicated group of members who understand the importance of the work they do. And we are ever grateful for their efforts. But there is a growing trend on the part of some regular workers to take a day off now and then. And nobody can argue that they certainly deserve it. However I must point out that if they do not arrange for someone to take their place we are left very short-handed and unable to cope with the demands of our paying customers. Please, please, please, if you are a regular bingo worker and you know you will not or cannot be at your regular bingo night, call your captain and let him know that you will not be there and tell him the name of your substitute.

Bernie Schwitzgebel, GK

## SOAPBOX DERBY

Our Council 1315 will once again sponsor three of our youth to race in the annual Soap Box Derby in Bowling Green. The date for the race is Saturday, May 21st. The race is open to boys and girls ages 9 to 16. Our Council will provide a car and cover registration fees and basic expenses.

The following boys will be racing:

Jason Schwab

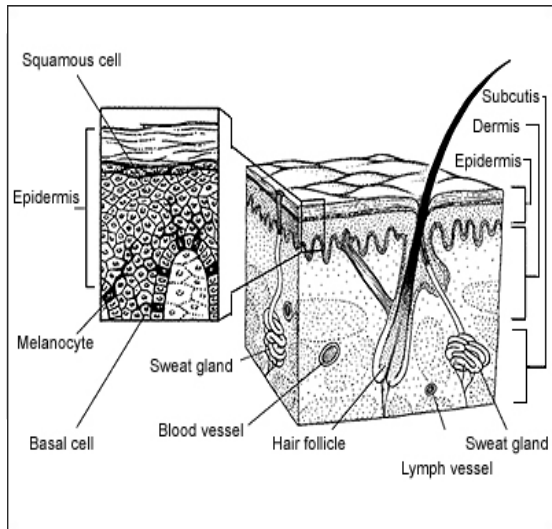
Jude Wells

Casey Faller

For more info visit [www.bgkiwanis.org/soapbox](http://www.bgkiwanis.org/soapbox) or call Steve Strange at 782-8905.

# MAY - NATIONAL SKIN CANCER AWARENESS MONTH

The skin is the largest organ in the body. It covers and protects the organs inside the body. It also protects the body against germs and prevents the loss of too much water and other fluids. The skin sends messages to the brain about heat, cold, touch, and pain.



The skin has 3 layers. From the outside in, they are: the epidermis, the dermis, and the **subcutis**.

The top layer of the skin, the epidermis, is very thin and serves to protect the deeper layers of skin and the organs. The epidermis itself has three layers: an upper, middle, and a bottom layer composed of basal cells.

These basal cells divide to form keratinocytes, (also called squamous cells) which make a substance (keratin) that helps protect the body.

Another type of cell, melanocytes, is also present in the epidermis. These cells produce the pigment called melanin. Melanin gives the tan or brown color to skin and helps protect the deeper layers of the skin from the harmful effects of the sun.

A layer called the basement membrane separates the epidermis from the deeper layers of skin.

Skin cancers are divided into **nonmelanomas** and **melanomas**.

## Nonmelanomas

Nonmelanomas (usually basal cell and squamous cell cancers) are the most common cancers of the skin. They are called nonmelanoma because they develop from skin cells other than melanocytes. Because they rarely spread elsewhere in the body, they are less worrisome than melanomas. They are discussed in the American Cancer Society's document "Nonmelanoma Skin Cancer."

There are several types of noncancerous (benign) tumors that develop from other types of skin cells. In fact, most tumors of the skin are not cancerous and rarely if ever turn into cancer.

## Melanomas

Melanoma is a cancer that begins in the melanocytes. Because most of these cells keep on making melanin, melanoma tumors are often brown or black. Melanoma most often appears on the trunk of fair-skinned men and on the lower legs of fair-skinned women, but it can appear other places as well. While having dark skin lowers the risk of melanoma, it does not mean that a person with dark skin will never develop melanoma.

Melanoma is almost always curable in its early stages. But it is also likely to spread to other parts of the body. Melanoma is much less common than basal cell and squamous cell skin cancers, but it is far more serious.

Cancer of the skin is the most common of all cancers. Melanoma accounts for about 4% of skin cancer cases, but it causes about 79% of skin cancer deaths. The number of new cases of melanoma in the United States is on the rise. The American Cancer Society estimates that in 2005 there will be 59,580 new cases of melanoma in this country. About 7,770 people will die of this disease.

You should see your doctor if you have a mole or growth that worries you. Your doctor may have you see a dermatologist, a doctor who specializes in skin problems. There are methods that help doctors tell the difference between a harmless growth and one that might be cancer. Using these methods could mean that a biopsy is not needed.

The **ABCD** rule can help tell a normal mole from a melanoma:

- A:** asymmetry-- one half of the mole does not match the other half.
- B:** border irregularity--the edges of the mole are ragged or notched.
- C:** color--the color of the mole is not the same all over. There may be shades of tan, brown, or black, and sometimes patches of red, blue, or white.
- D:** diameter --the mole is wider than about 1/4 inch (although doctors are now finding more melanomas that are smaller).

Other important signs of melanoma include changes in size, shape, or color of a mole. Some melanomas do not fit the descriptions above, and it may be hard to tell if the mole is normal or not, so you should show your doctor anything that you are unsure of.

For more information, please contact the American Cancer Society at **1-800-ACS-2345**, or visit their website at <http://www.cancer.org>.



**KNIGHTS OF COLUMBUS**  
FATHER BEN POWERS COUNCIL 1315  
911 SEARCY WAY  
BOWLING GREEN, KY 42103

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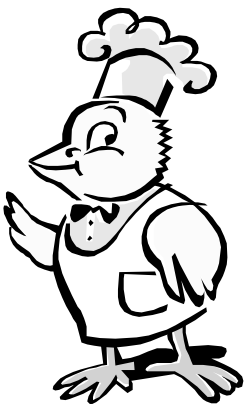
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# Knightly News

A KNIGHTS OF COLUMBUS MONTHLY NEWSLETTER

FR. BEN POWERS COUNCIL NO. 1315

May 2005



## **FRIED CHICKEN DINNER**

Baked chicken breast available

**Open to the public**

Friday, April 29, 2005

Dine-in or Carry-out

Dine-in all you can eat

Adults \$ 5.50

Kids \$ 3.00

Kids 5 and under free (dine-in only)

